



POLICIES

~If you are unable to keep your appointment or class, please give us **24 hours notice**. Otherwise, you will be charged for the full amount of appointment or class. _____ (initials)

~Please remember that payment in advance will secure you preferred time. Payment per session is only by time available for the following week.

_____ (initials)

~Missing a regular appointment or class more than **two (2)** times will result in the loss of that reserved time.

_____ (initials)

~Appointments will not be extended and will end on time, even for clients arriving late.

_____ (initials)

~No-shows for appointments or classes will be charged the full amount of that appointment or class.

_____ (initials)

~There are no refunds given, however transfers of credit can be arranged. All pre-paid sessions will expire automatically after **three (3)** months unless arrangements are discussed.

_____ (initials)

~Clients are asked to be considerate of the allergies and sensitivities of others and avoid wearing cologne or perfume during your workout.

_____ (initials)

~Comfortable clothing in the center is defined as "movement friendly" with attention to dressing and exercising in the company of others.

_____ (initials)

~Appointments cannot be booked or cancelled by contacting the center through e-mail. Contact **only** by phone or in person.

_____ (initials)